

Page 7



'Funny Games' no fun at all

Page 7

VALENCIA VOICE

Volume 4, Issue 9

HTTP://VALENCIAVOICE.COM

March 19, 2008

Fast Finder

Valencia News

Judge Thompson

Orlando judge discusses and promotes 'To Kill a Mockingbird.'

Page 3

Health News

Economy to blame

Recent studies show a link between American economy and obesity.

Page 6

National News

Brain monitors

Medical advancements help doctors keep patients from waking during surgery.

Page 8

Important Dates

SGA Candidate Debate

Thursday, March 20
1:00 p.m. Mall Area
East Campus

Israeli-American Movie Screening

Thursday, March 20
6:00 p.m. - 9:00 p.m.
East Campus Gym

YMCA Volunteer Recruitment

Thursday, March 20
10:30 a.m.
West Campus Bldg. 2

Pennsylvania key for Clinton

By Frank Tobin
Valencia Voice

The race for the democratic nomination trudges on as the contestants approach the Pennsylvania primary, due in roughly 6 weeks.

Both Barack Obama and Hillary Clinton are aiming to secure victory in the newest "key" state, Pennsylvania; more so for Clinton as she recently lost in the southern state of Mississippi.

"It's just another win in our column and we are getting more delegates," Obama, of Illinois, said in declaring victory in an interview on CNN from Chicago, where he arrived that evening after spending the day campaigning in Mississippi and Pennsylvania.

"I am grateful to the people of Mississippi for the wonderful support. What we've tried to do is steadily make sure that in each state we are making the case about the need for change in this country."

Obama's delegate lead has grown, but the race is still muddled, at least until that one crystalline moment happens where it appears obvious that one nominee wins over the other.

Obama totals 1,598 delegates. Senator Clinton has 1,487.

For Obama, Mississippi was an opportunity to re-

gain his footing after losing the popular vote in three contests — Ohio, Texas and Rhode Island — last week to Clinton, of New York. Clinton campaigned in Mississippi last week, and her husband, former President Bill Clinton, and her daughter, Chelsea, campaigned extensively across the state in recent days, but Obama seemed to hold a commanding presence in the final contest of the year in the Deep South.

African-Americans account for 36 percent of the population, the highest in the nation, according to Gallup.com. With 33 pledged delegates at stake, Obama was hoping to repeat his showing from other

Please see Page 9



Photo by Erica Teamer / Valencia Voice

Parris Baker announced that he will present a series of lectures starting on March 25 to discuss hip-hop and its effect on culture.

Talent Tuesday honors music

By Shaneece Dixon
Valencia Voice

Returning to Valencia's West Campus is the recognized competition Talent Tuesday, sponsored by the Student Government Association and hosted by Allen Collins, senator of Marketing for SGA. Several students showcased their talents for Valencia students and faculty on, March 11th on the SSB patio from 1-2 p.m. Many students were eager to come out and enjoy the different variety of talents that their peers had to offer.

"It's a good way for students to get together and meet each other," said Violet-Edith Segarra.

SGA members were just as optimistic for the event and for future events to come as well.

"The objective is to increase student involvement and we just want to better represent our campus and the positive things we stand for," said T.J. Cole, president of SGA West Campus.

First to perform was Vic Onyenweaku, better known as "Vic Luv", who sang a slow, soulful ballad of his own. A good way to start the event off, students had positive expectations for what was to come.

"It's nice to see how Valencia has culture," Jay Clausen said, "You can see all the different talents and meet new and interesting people."

Changing the musical genre from R&B to Hip-Hop was Jordan Keyes, who also performed an original of his own. Named "BOSS", each lyric started with a letter from the word of the title. Despite the cheers from

Please see Page 9

New York governor resigns in scandal

By Jennifer Smith
Newsday

Eliot Spitzer battled his way into public life, squeaking into the office of New York attorney general only after a recount and questions over the financing of his campaign.

His road to statewide office a decade ago offered clues to the man's strengths and weaknesses: He was a figure of ambitious public goals, and his bullish personality and determination to prevail raised hackles and

led, at times, to ethical shortcuts that Spitzer tolerated little in others.

His resignation as governor came as his credibility had suffered crippling damage. Only two days ago, revelations surfaced that the hard-charging former Democratic prosecutor, who once had pledged to clean up Albany, had been involved in a high-priced prostitution ring.

"What he forgot to understand was that he was mortal," political consultant Hank Sheinkopf, who worked on the 1998 campaign for attorney

general but has since parted ways with Spitzer.

As he announced his resignation, Spitzer was left to observe that he looked at his 15-month governorship "with a sense of what might have been." Some observers called the implosion tragic, both for the man and for the public whose mandate for reform swept Spitzer to victory last year with almost 70 percent of the vote.

Once considered potential White

Please see Page 9

Antidepressant traces found in NIU shooter's body

By Steve Schmadeke
Chicago Tribune

CHICAGO—The former Northern Illinois University graduate student who killed five students and wounded 16 others in a campus lecture hall last month had trace amounts of an antidepressant, nicotine and cold medicine in his system when he turned the gun on himself, according to autopsy results released Friday.

Those findings are of no real help for police still trying to determine what led Steven Kazmierczak, 27, to return to campus Feb. 14 and open fire from a lecture hall stage in Cole Hall, said campus police Chief Donald Grady. Police had previously said that Kazmierczak stopped taking medication several weeks before the shootings, leading to a change in his behavior.

Kazmierczak had a residual amount of alprazolam, an anti-depressant sold under the brand name Xanax, in his body, according to a portion of his toxicology report released by the university Friday afternoon. He also had a trace amount of a pseudoephedrine, a compound used in cold medicine.

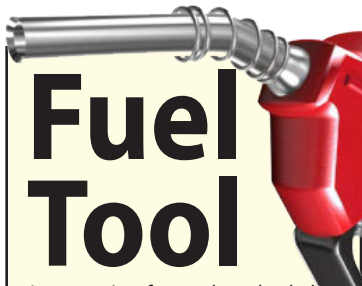
DeKalb County Coroner Dennis Miller concluded that Kazmierczak "died of a contact-range gunshot wound to the mouth which caused fractures of the skull and laceration of the brainstem," according to the university release.

NIU did not release autopsy results for its slain students, other than to say they were killed by single or multiple gunshot wounds.

Miller delivered his findings from the autopsies of all six who died to NIU police on Wednesday, said university spokeswoman Melanie Magera. The department spent several days deciding which parts of the reports were appropriate to release, she said.

— MCT Campus

Page design by Sarah King



Fuel Tool

Lowest prices for regular unleaded gasoline in Orlando (as of March 17):

\$3.11⁹
Sam's Club 7810 W Colonial Dr. Orlando, FL 32818
\$3.15⁹
Costco 2101 Waterbridge Rd. Orlando, FL 32837
\$3.16⁹
Sam's Club 1101 Rinehart Rd. Sanford, FL 32771

Source: www.gasbuddy.com
Compiled by Robert Navaille / Valencia Voice



EASTER AT EOLA

EASTER MORNING WORSHIP
8:00AM, SUNDAY, MARCH 23

THE AMPHITHEATER AT LAKE EOLA PARK
101 N. ROSALIND AVENUE, ORLANDO

FREE EGG HUNT FOR KIDS
AFTER THE SERVICE



A dynamic Easter service, a fun family egg hunt,
and a special emphasis on serving the working
poor of Central Florida.

For complete information:

WWW.EASTERATEOLA.COM



Green event raises environmental awareness

By Kevin Norris
Valencia Voice

The entire world is faced with the reality that, as a population, we must become more environmentally responsible, or at least that theory was made more evident March 12 at Valencia West Campus. The Go Green Event was kicked off with environmental speakers from 8 a.m. - 12 p.m. while exhibitors sprawled the hallways catching the attention of student and faculty members.

The first booth, Orlando Utilities Commission drew a lot of onlookers with its flashy Hybrid car and vibrant pamphlets that provided ideas on how to conserve water and lower your monthly water and electric bill. Naida Marguez, Conservation Analyst, occupied the booth giving out additional information and stating that, “people need to change their filter every month.”

Following the O.U.C booth were several companies who provided information on their environmental friendly and recycled products such as Steel Case, Office Depot, Peninsular Paper Company, and Teknion.

Teknion’s local and factory representatives Rosanne Bulmer and Sean Ronan both ener-

getically offered interesting information about their company such as; “the amount of water we saved in 2006 would fill 26 Olympic-size swimming pools.” “The amount of gas we saved over the past year is equivalent to removing the carbon dioxide emissions of approximately 600 cars.” And “at maturity, the 3,000 tress Teknion planted on Earth Day will produce enough oxygen annually to support 6,000 people.” Not only are Teknion helping the entire world with their go green office products, but they are also facilitating Valencia West Campus’s new building 8 and 10.

Peninsular Paper Company are another company assisting Valencia with their go green products. When asked how they are helping Valencia, Bill Weller stated “we are supplying all the green toilet paper and changing all the fixtures to go green over the four colleges.” Peninsular Paper Company is primarily focused on the hand sanitizer, toilet paper, and the rest of the restroom environment in order to go green.

By far one of the most important companies to hold a partnership with Valencia is Baker and Barrios, who are the architecture and interior design company making sure the new health science and nursing buildings are certi-



Photo by Kevin Norris / Valencia Voice

A hybrid car on display at the “Go Green” event on Valencia’s West Campus.

fied green. When asked if the new Valencia building would be certified Leed gold (the 2nd most environmental friendly certification for buildings), marketing coordinator Rose Batignani responded, “Valencia wants gold (leed), but it’s probably going to be silver (the lowest level of leed).” Communication Coordinator

James Coffin, a former Valencia student and Valencia Voice writer, described the new Valencia building as being properly positioned east to west to let more light in along with dual flush toilets to help with the rigorous “go green” standards. Both Batignani and Coffin noted that the project should be completed in 2009.

Orlando judge encourages racial changes in society

By Shaneece Dixon
Valencia Voice

Continuing to encourage widespread reading of Harper Lee’s “To Kill a Mockingbird”, Valencia’s Get Into Reading hosted the lecture by Judge Emerson Thompson on March 13 in Building 6, room 101 of the West Campus library. Judge Thompson, the first black judge in the city of Orlando, spoke with students about the different themes within the book and how they still relate to the world today.

“It’s a classic book. The themes of gender roles, class, and racism, are still overt today,” said Judge Thompson.

The discussion first started off with students listing scenes and characters from the book that stood out to them the most. Many audience members agreed that Atticus Finch, the father of the book’s narrator, Scout, was equally respected by the white and black characters in the novel, while Bob Ewell was considered the most racist character in the book. However, it didn’t long for the conversation to steer into the depths of racism in the modern world today.

“In high school, there was some division of races. People only hung around people like them,” said Marlon Mohabier, who graduated from Edgewater High School. “The white kids sat at their own tables and so did the blacks and the Hispanics.”

However, as the discussion continued, the majority of people present at the discussion agreed that though race isn’t as much of an issue now as it was during the time Lee wrote her novel, change still needs to occur in order



Photo by Keisha Sweeney / Valencia Voice

Judge Emerson Thompson promotes the classic American novel, “To Kill a Mockingbird.”

to make America racism free.

“Racism is no longer a legislative issue. Segregation laws no longer exist. But change really needs to occur in the hearts and minds of the people,” said Jack Pinnock.

Though it is still obvious that racism still remains to be an issue in modern America, it is not so obvious for some to know different perspective of race that cultural shock can cause.

“Growing up in St. Lucia, everyone knew everyone, and white people were in the minority,” Florecia Arelien said, “But here it’s like turning from a majority to a minority for me. People look at me differently because I’m

a black woman.”

Along with Arelien, Melanie Bergerson, a young Caucasian woman, also believes that change needs to be implemented to truly rid America of racism. In her case, change should occur through the school curriculum.

“I can appreciate black history. It’s all history. But it shouldn’t be segregated. It should be incorporated into everything,” said Bergerson.

According to Judge Thompson, change can start with communication; anyone can start to change the negative viewpoints towards race and creed.

“I don’t think you can make a holistic change. You should meet with people who are different from you,” said Judge Thompson.

One character that definitely sparked the interests of students was the narrator herself, Scout Finch, who is the typical tomboy that is allowed to embrace her own free spirit. However, unlike her brother Jem, she is constantly reprimanded for being too wild and unrefined and is told that she must be more ladylike. Like Scout, Judge Thompson points out that the double standard exists today as well as it did then. Even today, women are expected to be more refined and classy.

“Having daughters and granddaughters, I admit that I’m more cautious with them than with my sons,” he admits, “Even today, mothers still go off and have those separate conversations with their own daughters.

Overall, as Judge Thompson doesn’t fail to point out, Harper Lee’s novel is a classic in the sense that can still hold its impact on readers for a lifetime. This discussion was just one of several that proved that.

Caribbean culture warms East campus



Photo by Jordan Keyes / Valencia Voice

Several CSA members performed a traditional dance on Caribbean day at East Campus.

By Jordan Keyes
Valencia Voice

Since most students can’t afford a trip to the Caribbean, the Caribbean Student Association brought a little bit of the islands to Valencia. After a month’s worth of work and even more planning beforehand, the CSA hosted Valencia’s Caribbean Day on March 13.

Students were greeted on the mall with the flags of the countries represented and the sounds of Bob Marley

blasting through some speakers. Hungry college kids gravitated to the table loaded with catering dishes. They were informed that they would have to wait until after a special presentation before they could have any of the Caribbean delicacies and, after a collective groan, they gathered around the stage set up in the middle of the mall.

Some of the students stayed in line while others left to sit and watch the show. The special presentation turned out to be a group of dancers perform-

ing traditional Caribbean dances. “We did a type of dance called a ‘raisian’,” said dancer Cindy Janvier. “The group of dancers is called a ‘kujay’. My favorite dances are the ‘zouk’ and the ‘kompu’.”

After the energetic entertainment, students lined up at the food table once again; they weren’t disappointed. Traditional dishes like fried plantains and white rice and beans were served up to the eager attendees. “I’m from the Caribbean,” said student Marissa Maitland. “And I have to say the plantains and jerk chicken are my favorite.”

There was a purpose to all the fun and food on-campus. “We’re here to educate people about our cultures, traditions and history,” said CSA president Raynyce Magloire. “People have a lot of stereotypes about us, like we live in tree huts and we’re all true. It’s not true, many of our countries are very rich.”

The Dominican Republic, the Bahamas, Bermuda, Puerto Rico, and Trinidad and Tobago were represented by people whose heritage traced back to one of the countries.

Helena Garcia, the representative of the Dominican Republic, was born in New York, but her family is Dominican.

She wants people to understand that not all of the Caribbean nations are the same. “We have a lot of differences,” said Garcia. “People don’t know that because we’re divided with Haiti.” She also discussed her favorite Dominican dish, white rice and beans with chicken, as long as it’s “well seasoned.”

Bermudan Rhia Simons, joined by non-Bermudan Ivens Jeannelus, manned a table with information all about her home. Simons led students through the facts about Bermuda, a British colony that isn’t officially a part of the Caribbean, and detailed what she loved most about it. “My favorite part of being in Bermuda is Good Friday and Easter. On Good Friday, we get a day off and we all fly kites and eat hot-cross buns and fish cakes.” she said with a smile.

After students had walked around and had their fill of Caribbean food, the dancers came back out for a free-style session and were joined by other students and CSA members.

For those interested in joining the Caribbean Student Association, meetings are held on Tuesdays at 1 p.m. in room 6-218.

Opinion

‘Second Life’ replaces real life

By Ashley Gonzalez
Valencia Voice

What if you could create another life for yourself?

You would live in the same world but there would be another world that you lived in at the same time.

Many Americans have heard of the virtual reality game called ‘The Sims.’

Something similar has brought about the attention of many all over the world.

There is one difference though. ‘The Sims’ is a game.

A new game has created a new world or new life for many people.

The best way to explain the growing craze of this new game is to think of popular websites such as myspace.com or facebook.com.

MySpace and Facebook have seemingly taken over internationally and have become one of the most well-known websites in the world.

This new website is called second life.com.

This is an online world of “residents” that are created by live people. Each person creates an “avatar” for themselves. Residents are responsible for everything you see and do while in the game.

Linden Lab is the operator of the actual site.

They are responsible for things such as: playing games, buying property, making friends, fighting wars, etc.

Since Second Life began in 2003 there are an estimated 600,000 users or “residents” world-wide. Aside from the actual “residents” there are over 20 million registered users.

Basic membership is free. Premium membership, which gives users the ability to own land, is \$9.95 a month. Annual premium membership is \$72.00 off.

Premium membership also gives users their own funds. In Second Life the currency are called “Linden dollars.” They can spend their money on virtual property, goods, and exchanges between other “residents.”

“Residents” of second life can also participate in cybersex. This takes place in virtual gentlemen’s clubs. Approximately 18% of the virtual land is used for this purpose alone.

Membership fees and income from leasing property is the main source of revenue for Linden Lab.



“I wouldn’t be a part of anything like that. A second life sounds a little crazy. I like reality better.”

— **Vadia Joseph**



“I wouldn’t do it. Who has time for that kind of thing?”

— **Robert Rehl**



“I guess I would play every once in a while.”

— **Joseph Webb**



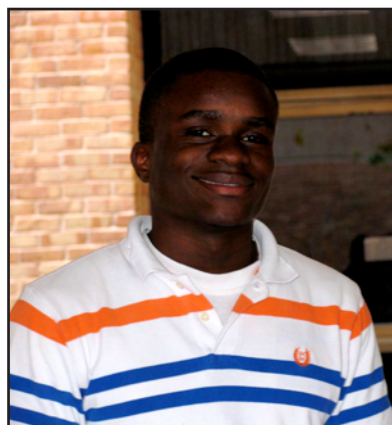
“I wouldn’t spend any money on anything like that. I wouldn’t even do it if it was free. Some people actually confuse these types of virtual worlds or second life with the real world.”

— **Amanda Olivares**



“I would do it if I had time, especially because it’s free. I have too many bills to pay to waste money on that stuff.”

— **Edwina Green**



“I would try it because it seems interesting and it’s free.”

— **Johny Mpooyo**



“It sounds fun and cool. I would do it if I had time.”

— **Pascal Khoury**



“I’ve played it before.... the free version. It was fun but not very productive.”

— **James Tate**

Photos by Erica Teamer

Contacts

Editor-in-chief

Sarah King
sking@valenciavoiced.com

Director of Design

Robert Navaille
rnavaille@valenciavoiced.com

Director of Sales

Jackie Minto
jminto@valenciavoiced.com

Managing Editor

Kenny Lim
klim@valenciavoiced.com

Assistant Managing Editor

Jordan Keyes
jkeyes@valenciavoiced.com

Assistant Director of Design

Kevin Norris
knorris@valenciavoiced.com

Spanish Editor

Ada Amador
aamador@valenciavoiced.com

Sports Editor

Steven Ryzewski
sryzewski@valenciavoiced.com
Editor / Valencia Voice Interactive
Ilona Horvath
ihorvath@valenciavoiced.com

Editor / Valencia Voice magazine
Megan VanWaus
mvanwaus@valenciavoiced.com

Staff writers and editors

Maria DiCesare
mdicesare@valenciavoiced.com

Shaneece Dixon
sdixon@valenciavoiced.com

Marcel Evans
mevans@valenciavoiced.com

Ashley Gonzalez
agonzalez@valenciavoiced.com

Jessica Gonzalez
jgonzalez@valenciavoiced.com

Ryan Guilfooy

rguilfooy@valenciavoiced.com

Abigail Isham
aisham@valenciavoiced.com

Tatiana Isis
tisis@valenciavoiced.com

Katherine Laguna
klaguna@valenciavoiced.com

Ashley McBride
amcbride@valenciavoiced.com

Edmarlin Rivera
erivera@valenciavoiced.com

Sarah Soliman
ssoliman@valenciavoiced.com

Chad Sterling
csterling@valenciavoiced.com

Keisha Sweeney
ksweeney@valenciavoiced.com

Zina Thomas
zthomas@valenciavoiced.com

Frank Tobin
ftobin@valenciavoiced.com

Ryan Vincenec
rvincenec@valenciavoiced.com

Valencia Voice Departments

Advertising
407-582-1572
ads@valenciavoiced.com

Classifieds
407-582-1648
classifieds@valenciavoiced.com

Editorial
407-582-5040
news@valenciavoiced.com

Fax: 407-582-5504

Valencia Community College
1800 South Kirkman Rd.
Mail 4-11
Orlando, FL 32811

Corrections

Page 1 of issue 8 was designed by Sarah King.

Page 3 of issue 8 was designed by Tatiana Isis.

The second story on page 11 of issue 8 was provided by MCT Campus.

Opinion

Nate BeelerThe Washington Examiner



Our Position: Primary funding

It’s happening again; our great Sunshine State is at the epicenter of yet another election controversy. This time in the form of a fight for votes that didn’t count to begin with; a fight that will conclude with one of two options: one of which being that the Democratic National Committee (DNC) turns its back on the republican legislation that rendered the democrat’s delegates useless to begin with, or the other option that includes a revote.

The latter choice is the most prominent as of this writing, but where does the funding for this proposed revote originate? Our state’s governor, Charlie Crist, doesn’t want to front the cash, nor does the DNC. Quite in fact, Gov. Crist would rather Florida actually seat those delegates in stead of have a revote. The suspected reason: Crist believes that McCain has more of a chance to defeat Hillary Clinton than he does against Barack Obama.

Governor Crist wouldn’t say as much in public, instead choosing a more diplomatic route in an interview with the AP. “It’s unconscionable to me that some party boss in Washington is not going to permit the people to be heard,” Crist said. “That’s not what America is all about, and it’s wrong”

So who’s going to pay for this revote? Talks last week in Michigan, the other state that faces the exact same problem we do here in Florida, failed to yield a plan for new voting after hitting the big snag of “Who pays?” A spokeswoman for Gov. Jennifer Granholm, D-Michigan, said cost and logistics may prevent a primary re-do there, according to the AP.

A source close to the discussions told the AP that the state party agreed not to spend any taxpayer dollars on a revote, which in Michigan could cost \$10 million or more.

Discussions in Michigan were to continue at the end of the month, the source said, and included the state’s senior Democrat in the Senate, Sen. Carl Levin.

Another contest in Florida could cost as much as \$20 million, said Sterling Ivey, spokesman for the Florida Department of State. He said Florida would need at least 90 days from the time a decision is made to set up any new election.

DNC Chairman Howard Dean says Florida and Michigan cannot be given passes for violating rules that were clear to them, and the DNC would not pay the bill for their errors.

“The rules were set a year and a half ago. Florida and Michigan voted for them and then decided that they didn’t need to abide by the rules. When you’re in a contest, you do need to abide by the rules,” he said.

“You cannot violate the rules of the process and then expect to get forgiven for it,” he said.

There’s also the aspect of those who didn’t take part in the democratic process because they knew their vote wouldn’t count. It’s time now for the legislatures of these two fine states of the Union to step up and correct this course of action.

State Sen. Tupac Hunter, Obama’s co-chairman in Michigan, has doubts about any revote.

“From a timing perspective, a financial perspective, as well as a logistical perspective, I am not sure the options of a new primary or a caucus are feasible at this point,” Hunter said in an interview with CNN.

But if there is one, he said, the national party should assume both financial and operational responsibility.

Regardless of whatever the “suits” decide in this matter, the most important thing on the minds of the voters is that of cost, and we, as voters, shouldn’t have to pay one dollar. Period.

Primaries: Who’s to blame?

By Carlos Minet
Valencia Voice

So here’s the latest in politics
They want to hold the primaries again
But only in two states and guess what
One of them is us again

It seems like we have bad luck
When it comes to elections
But this time we might be penalized
While they try to make corrections

Last time the held them in January
We really weren’t involved
Now it might come out of our pockets
Just because they need a problem solved

This should be paid for by the candidates
We’re all innocent in this case
Why should we pay the price
Because they want to win the race

Doesn’t seem fair that we should suffer
For someone else’s mistakes
So they should resolve this without us
No matter what it takes

Let’s all band together
And refuse this bill they put on us
While they pay for it them selves
And see if the primaries are a bust

Opinion: Spitzer scandal

McClatchy Tribune News Service

What a stunner. The last time Eliot Spitzer and “prostitution ring” were mentioned in the same sentence, the reformist governor was enacting a new felony statute to punish human trafficking. Before that, it was Spitzer the crusading attorney general, busting call girl businesses on Staten Island.

And now all the promise that rested on this leader with the wide vocabulary and the pugnacious jaw comes to this: a tawdry rendezvous _ in fact, probably many of them _ with a hooker, this time at Washington’s Mayflower Hotel.

Of course, the governor has to resign. Fifteen months ago, he was the chief legal officer of the state. Hiring a call girl was not only against the law, but procuring her to cross state lines turned the \$4,300 evening into a federal crime. Spitzer, 48, is either viciously self-destructive or pathologically arrogant, believing he wouldn’t be caught.

He cannot stay and play the odds, as he has with the Troopergate investigation, in which his aides were accused of misusing the State Police to embarrass a political rival. Spitzer can’t blame an underling for this one. Federal investigators caught him in a wiretap, red-handed, in a series of telephone calls to the Emperors Club VIP to negotiate payment details.

Here is the busy governor of New York, on the phone, working out who pays for the prostitute’s use of the hotel minibar. The decorum of the office can’t withstand this man’s abuse of it. From the moment of Monday’s shocking, sordid revelation _ and his pitiful apology _ no more state business can be done with Spitzer at the helm.

The governor’s job would pass to the hands of David Paterson, 53, the former State Senate Democratic leader from Harlem. Paterson is respected on both sides of the aisle, but the state’s business has suffered a grave setback. Paterson is smart and likable, but the question will be whether he’s up to the task of righting this seriously listing ship.

The story of Eliot Spitzer’s demise would be Shakespearean in its tragedy, had he really been the man we thought he was. When New York State Democrats rallied for him at their holiday party in 2005, Spitzer strode through the gala like a man at a coronation. Admirers formed a column behind him. He promised to reform the most dysfunctional legislature in the nation and to kick off the dust of the do-nothing latter years of Gov. George Pataki’s administration.

All the momentum he amassed as he collected 69.6 percent of the vote in a landslide has been wasted. New York needed his push for higher ethics and campaign finance reform. We needed to focus on education, the environment, the soaring cost of health care and unmanageable tax burdens. The momentum is utterly lost, but the causes themselves should not also die.

As Spitzer said Monday, he has violated his obligation to the people around him. Many gave up private-sector jobs to follow him into government. His wife, Silda Wall Spitzer, put her legal career on hold when he chose to run for public office. For all of them, his paying a hooker for sex is a betrayal. And the Spitzers have three teenage daughters who must now grow up living with this knowledge.

Should we have seen the real Spitzer more clearly? He lied about taking a loan from his father, Bernard, to fund his 1994 campaign for attorney general. His Wall Street and insurance targets, such as John Whitehead, Maurice “Hank” Greenberg and Richard Grasso, warned about the man’s temper and bullying tactics. This page endorsed Spitzer for governor. After all, as Rep. Charles Rangel quipped derisively, Spitzer was the smartest man in the room. Until he wasn’t.

The following editorial appeared in the Chicago Tribune on Tuesday, March 11:

‘A PRIVATE MATTER’
The faces in the photo speak volumes, don’t they? The date was Jan. 1, 2007. New York Gov. Eliot Spitzer took his oath of office with his wife, Silda Wall Spitzer, at his side. He was the white knight who had vanquished Wall Street wrongdoers. His reputation as a champion of rectitude stretched from coast to coast. Would he someday parlay that image into a run for the presidency?

On Monday the white knight tumbled from his steed. News broke that he had been caught on a federal wiretap, hiring a prostitute to rendezvous with him in Washington.

Spitzer has promoted himself as such a righteous figure that his fall is as much about hypocrisy as about illegal acts. In 2004, he reacted indignantly to arrests of 16 people accused of running a prostitution ring in New York City: “This was a sophisticated and lucrative operation with a multitiered management structure. It was, however, nothing more than a prostitution ring.”

Monday, speaking briefly to reporters, Eliot Spitzer was something we hadn’t seen before: subdued. He acknowledged the severity of what he called “a private matter.” Once more, as the cameras zoomed in, his wife was at his side.

Spitzer didn’t respond to questions, including the obvious, “Will you resign?”

He did, though, speak words that any of us _ not just lawbreaking politicians, not just hypocrites, not just fools who think they won’t be found out _ should take to heart. Because none of us ever wants, for any reason, to recite these five sentences:

“I have acted in a way that violates my obligation to my family and violates my or any sense of right or wrong. I apologize first and most importantly to my family. I apologize to the public to whom I promised better. I have disappointed and failed to live up to the standard I expected of myself. I must now dedicate some time to regain the trust of my family.”

Regain the trust of his family? Our first instinct: Good luck with that, Governor.

But take another look at Spitzer’s words. He did, in those five sentences, plead guilty to causing incredible hurt. He seemed to comprehend that, the closer someone is to Eliot Spitzer, the more exponential the pain.

That’s the punishment, of course: To awaken every morning to his life _ to the scene of his crime. There’s no escape, for him or for his victims.

Just a man left to wonder how hubris, or whatever the enabling delusion, somehow entitled him.

Spitzer has a thick enough hide to withstand the rest of us and our jokes at his expense (Whoa! A superdelegate’s seat in play?).

Imagine, though, awakening this morning as Eliot Spitzer. Imagine living with the failed promise of that photo from Jan. 1, 2007.

A private matter. What could be worse?

The following editorial appeared in the Minneapolis Star Tribune on Tuesday, March 11:

A STUNNING FALL FROM GRACE FOR SPITZER:

Watching him on television Monday, it was hard to believe that New York Gov. Eliot Spitzer was marking anything less than the end of his political career. The first-term Democrat and former state attorney general spoke of his mission in the past tense: “We sought to bring real change to New York,” he said, “and that will continue.” The word “that” carried a subtle, but perceptible, emphasis.

Could there be a fall more dramatic than that from “Crusader of the Year” in Time magazine to the alleged “Client 9” in the investigation of a prostitution ring? After apologizing to his family and supporters, he struck a note that seemed to express the disconnect between those titles. “I am disappointed that I failed to live up to the standard I expected of myself,” he said.

Spitzer’s on a path that has grown well-worn in recent years: that of a public figure who stakes a career on law and order, or on morality, and then proves only too fallible. In a 2005 interview on these pages, he discussed the political value of his reputation as a corruption fighter.

“Some of the most effective governors in the nation are former prosecutors _ Janet Napolitano in Arizona, Jennifer Granholm in Michigan, Christine Gregoire in Washington,” he said. “In the political context, it’s true _ if you say ‘bureaucrat,’ people go cold. But if you say ‘prosecutor’ _ someone who enforces the laws that allow our system to function _ then I think the public supports that.”

How sad, then, to give the public cause to regret it.

Economy linked to obesity epidemic in America

By Czerne M. Reid
McClatchy Newspapers

COLUMBIA, S.C.—Eat smart, move more—it seems like a sensible thing to do.

Many people acknowledge that, but do just the opposite. The result? High levels of obesity among both adults and children. The medical costs associated with obesity are estimated at \$90 billion a year.

No wonder policy makers and researchers have been thinking of the epidemic and its solutions in terms of financial gains and losses.

Health economist Eric Finkelstein noted that in the United States, although societal norms are more ac-

cepting of thin bodies, the economy drives behavior that makes people fat.

Cheap high-calorie fast food is prevalent even in rural areas.

“Food prices have never been cheaper, and access has never been easier,” Finkelstein said. “Once the cost of an activity goes down, it’s easier to do that behavior.”

But whereas it’s cheaper and easier to eat extra calories, it’s become harder to burn them off as television and other pastimes compete with physical activity.

“It’s not that we don’t have time, we’re just not choosing to use that time for physical activity,” Finkelstein said.

Technology has made our jobs better, faster and easier.

“The economy is driving us to engineer physical activity out of the workplace,” said Finkelstein, author of “The Fattening of America: How the Economy Makes Us Fat, If It Matters, and What to Do About It” (Wiley, \$26.95)

Plus now there are medicines that help people stay healthy even when overweight.

Although economic forces drive behavior, health concerns should take precedence over economic ones when addressing obesity, Finkelstein said.

The private sector can get in on the act by using incentives or other strategies to make it cheaper and easier to be thin, not fat.

If the government is going to get

involved, they should focus on children rather than adults, Finkelstein recommends.

He and colleague Justin Trogon published a report this week in the American Journal of Public Health, in which they looked at different business models for the reduction of childhood obesity.

They concluded that steps to address the problem shouldn’t be based on the potential for short-term financial savings.

Instead, they should look at how effective a program is at controlling weight and improving quality of life, compared to other uses for the money.

Heading off obesity during child-

hood in the long run saves billions of dollars of obesity-related costs during adulthood.

Marcie Calvert of Irmo, S.C., is doing her part to change her life and that of her 4-year-old daughter, Chrysa. She changed her eating habits, and in the process went from 411 pounds to 195 pounds in a little less than two years.

Her daughter now also rejects high-calorie foods in favor of more healthful ones.

“I—knew I was affecting my daughter after we blessed the food one day and she looked up and said ‘Lord, thank you for this protein,’” Calvert said.

—MCT Campus



Join us

as we raise our glasses
in support of learning



Valencia Foundation invites colleagues, alumni and friends of Valencia Community College to our annual international wine sampling and auction. This year guests can sample fine wines donated by more than 100 vintners from around the world.

The evening will include a silent auction with hundreds of selections, including spa treatments, trips to exotic locations, gift certificates to local restaurants and attractions and, of course, wine. Also, Valencia will present its prestigious 40th Anniversary Award to 40 recipients, 10 from each decade, for the distinction they have brought to the college.

Please join us in helping deserving students - 100% of sponsor, ticket and auction receipts will go directly to Valencia scholarships.

2008 Early Benefactors

- Rosen Shingle Creek
- ABC Fine Wine & Spirits
- Darden Restaurants
- SeaWorld Adventure Parks
- SunGard Higher Education
- Universal Orlando Resort
- Central Florida Hotel & Lodging Association
- Progress Energy
- Walt Disney World Co.
- Orlando Regional Healthcare
- Helen Von Dolteren-Fournier, Esq. of AEGIS Law Firm, P.L.
- Fry Hammond Barr
- McCree Construction
- Paul and Mary Ann Kinser
- HHCP
Helman Hurley Charvat Peacock / Architects, INC.

\$125 per person, \$200 per couple
Call 407-582-3150 for details

Saturday, April 12, 2008
7 to 10 p.m.
Rosen Shingle Creek
9939 Universal Boulevard, Orlando

VALENCIA
FOUNDATION

www.VALENCIA.ORG

Latest Dr. Seuss flick thrills all age audiences nationwide

By Jordan Keyes
Valencia Voice

Lately, Hollywood is in the habit of taking old school classics and giving them the big-budget treatment and, for once, it worked. "Horton Hears a Who" is the much-beloved Dr. Seuss story of an elephant who protects a small world that only he believes in.

It's a classic story that has already been told on film once in a made-for-TV movie in 1970. Thankfully, the heart and humor that runs throughout most Seuss stories was retained in the updated version, without it feeling like a rehash.

The producers made a good choice by going all animated instead of trying to copy live-action Seuss re-tellings like 2000's "How the Grinch Stole Christmas" and the follow-up "The Cat in the Hat." The computer animation allows for a colorful, fantastical world that really does Seuss's original drawings justice.

The cast is a veritable who's who of comedy actors; the question isn't who's in it, but who's not in it.

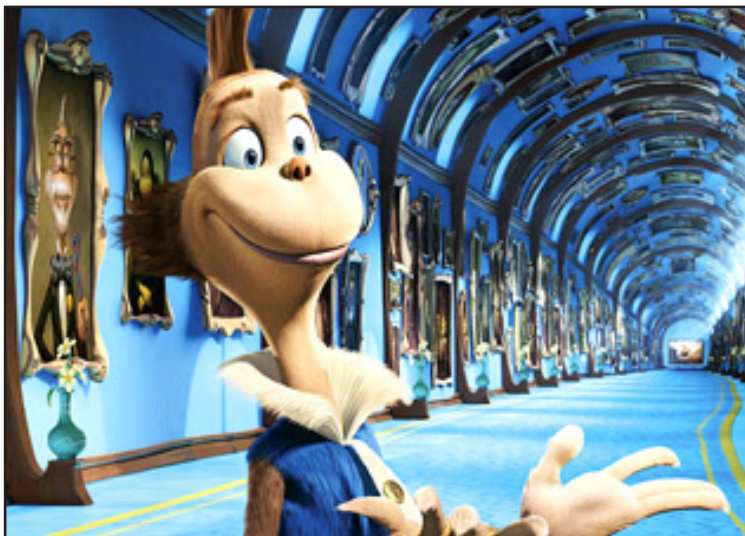
Jim Carrey voices the goofy, kind-hearted Horton. Sure he's somewhat reined in, this being a G movie, but he was definitely a good choice to play a character who is often off in his own world talking to himself.

In case you hadn't noticed, this is Carrey's second Seuss film, the first one being "How the Grinch Stole Christmas," both involving the Who's. Steve Carell's character, the Mayor of Whoville, is probably the funniest in the whole movie.

His part most closely resembles his style of comedy: bumbling, awkward, and zany. He is one of the few comedic actors who can thrive in, both family films and more mature comedies, a feat very few comedians have accomplished.

These two stars are backed up by a list of top-notch, and, dare I say, hip comedians. Seth Rogan ("Knocked Up"), Jonah Hill ("Superbad"), Will Arnett ("Arrested Development"), and the illustrious Carol Burnett are just a few of the names that may pique adult interest in this kid's film.

They all do a great job while avoiding the over-the-top com-



The mayor of Whoville (Steve Carell of "The Office") fights to protect his town.

edy they are known for to make a great group of performances.

As far as writing goes, it is intelligent and goofy at the same time. The writers give subtle nods to the parents and curious young adults without sacrificing the integrity of the story.

Anime spoofs and action-movie references keep the classic material fresh. The addition of characters and the fleshing out of minor characters from the book also keep the movie from feeling like a drawn out, hour-long cartoon.

For a children's movie, this film has some deep undertones. Messages about sticking to what you believe in and the sanctity

of life run throughout the film.

Without being preachy, this film introduces some profound thoughts on heavy issues, something that is lacking in many children's movies these days. There were many spots where the movie could have been over the top, a flaw present in the other two Seuss adaptations, but it sticks to the story and keeps the movie what it should be, a simple, humorous story about faith and friendship.

If you're looking for an out and out laugh riot with comedians at the top of their game, this is not the movie for you. This movie is for kids and the kids at heart.

Director's film remake shames original masterpiece

By Kevin Norris
Valencia Voice

Australian director, Michael Haneke's remake of his 1997 horror masterpiece, "Funny Games" is a repulsive, upsetting and shocking film that will send all but the strongest members of the audience running from their seats begging for mercy.

"Funny Games" follows the simple story of an upper class family, mother Ann (Naomi Watts), father George (Tim Roth), and pre-teen son Georgie (Devon Gearhart), who are held captive in their suburban home by two young psychopaths.

The two villains, Peter (Brady Corbet) and Paul (Michael Pitt), who throughout the film refer to themselves as "Tom and Jerry" and "Beavis and Butthead," calmly but tenaciously persuade the family to play a series of wicked games. The well mannered, oxford and white tennis shoe wearing Peter and Paul seem to actually fit in as residents of the seaside neighborhood when they abruptly show up on the doorstep asking for eggs. The garrulous Paul is sharp and witty and obviously the

brains of the entire scheme, while his brother Peter is the brainless monkey who always seems to be one step behind.

While Peter and Paul make the audience believe they have a valid motivation, the reality is that there is no real plausible incentive for their terrible actions. When asked for their reasons they vaguely respond "Why not?" or "It's hard to talk about." Not only are the villains lacking character development but the entire film fails to bring about any real sense of meaning.

In truth "Funny Games" is no different from any other horror film that seeks cheap scares by tormenting its characters and making a mockery out of its audience. It is reasonable to believe that fans of the "Saw" and "Hostel" series are going to love "Funny Games", as they are invited to come laugh and worship the sadistic and chilling acts that are broadcasted during the 112 minute running time. But for the rest of the audience that were caught of guard by the likes of Roth and Watts, there will sure be a revolutionary act of running up to the film projector and ripping out this nonsense of a film.



Naomi Watts tries to survive a horrific night in 'Funny Games.'

Underground rapper brings hip-hop back

By Jordan Keyes
Valencia Voice

Are you tired of hearing about Plies' "Shawty?" Sick of being told to "Crank Dat" Soulja Boy? Will you throw up if you hear "I Get Money" one more time? If so, you may have a case of radiorapitis and the remedy could be a healthy dose of RedCloud.

RedCloud is a Mexican/Native American underground rapper from Hawthorne, California who is bringing back hip-hop the way it was meant to be. He first garnered major attention by winning Los Angeles' Power 106 freestyle battle 6 weeks in a row.

He has since established his reputation as a freestyle master and a compelling performer winning national competitions and free styling at least one full song per set at his shows. Unlike many of his free styling counterparts like Papoose and Cassidy, he has displayed his ability to make enjoyable records with his three full-length albums "Is This Thing On?", "Traveling Circus", and "Hawthorne's Most Wanted".

One of the most lyrically diverse emcees out there, RedCloud waxes poetic on everything from fictional martial arts battles in "When the Kenpo Strikes" to the death of his Los

Angeles gangster father in "Boulevard Knights". His lyrics are sometimes boastful, sometimes thoughtful, and always creative. With focus on positive stories and uplifting lyrics, RedCloud has brought back the honesty and relevance that made hip-hop popular.

RedCloud's latest album "Hawthorne's Most Wanted" features artists such as Kurupt (the group Tha Dogg Pound), Tonex, and Pigeon John who add their own unique style to a unique album. From the funky, playfulness of "Tapatio" to the hard-hitting, thought provoking "Boulevard Knights", RedCloud

shows his diversity and creativity while maintaining a down-to-earth mentality that relates to the average listener.

RedCloud is arguably one of the best Mexican/Native American rappers in the game. Of course, the number of Mexican/Native American rappers can be counted on one hand, but it's no diss to RedCloud. He is set to blow up on the hip-hop scene with his unique blend of new-school intensity and old-school sensibility. So if radiorapitis is getting you down pop RedCloud's album in your boom-box and let the real hip-hop rejuvenate your soul.

NBC teams with Fox for Web TV channel

By Verne Gay
Newsday

By George, I think they've got it.

In fact, take "I think" out. They've got it: The most important development, maybe, in the whole history of Web TV launched early Wednesday morning, and for once, the hype is justified. Hulu is amazing. Simple. Elegant. Dynamic. And vast.

Hundreds of shows, movies, clips—thousands of hours. Enough to fill, or waste, a whole lifetime. I am blown away by Hulu.

Now, please keep in mind—this is a first impression, and I'll check back later in the day when the servers are being overloaded by millions of viewers; that's where the rubber meets the road for sites like this. But I've gotta imagine NBC and Fox have anticipated this, too.

What is "Hulu?" The omnibus site created by Fox and NBC, featuring (most) of their shows plus many classics, and a vast amount of other stuff as well. Like the ABC and CBS sites, you'll get current episodes, and the full season as well. But, alas, Hulu makes their (nice) episode sites feel clunky and a little moldy.

Yes, there's advertising here, but in a funny way, you'll almost welcome it. "So this is the price to pay ...?" Big deal. Worth it. An example: I picked, for no particular reason, the pilot episode of the classic "Firefly." You get a choice—either the full trailer for "Leatherhead," or "regular commercial interruptions" (which, like at, say, ABC, involves a 30-second spot at the outset.) If you pick "Leatherhead," then no other commercials.

Again, an insignificant price to pay.

Hulu gives the illusion of totality, but it is an illusion. I don't (for example) believe I saw any episodes of "American Idol," though "1 vs. 100" is here. What's the logic for inclusion on Hulu? I'm not sure it's evident, and I'm not sure I care either. "Idol" isn't going to be here, of course, because Fox already has a lucrative deal with iTunes. So what. We can live with that. And besides, YouTube and Idolstalker already have this show covered thoroughly.

A quick note on screen quality: It's generally adequate. The actual video screen will fill about a quarter of yours, and it's surrounded by clutter of various sorts, some of it distracting. Naturally, you'll then click on "full screen." Under normal circumstances, "full screen" can be a ticket to online hell, with either horrific quality or a frozen hard drive. Not here: Full screen resolution is pretty good, and I had no technical problems to speak of.

As mentioned, I'll check back later, but you should check it out now. Hulu is amazing. I promise.

Page design by Ilona M. Horvath

Brain monitors can prevent some patients from waking

By Tom Avril
The Philadelphia Inquirer

PHILADELPHIA—One patient heard a crunching noise when the surgeon cut through his bones. Another felt “white-hot fire pain” as a physician probed his insides, but he was unable to speak.

It sounds like grist for a lurid movie, and indeed last fall, “Awake” explored this notion of patients waking up, paralyzed, while under general anesthesia. But the episodes above, though highly unusual, are all too real, as described Thursday in the august pages of the New England Journal of Medicine.

For many hospitals, the answer to this “anesthesia awareness” is to use a brain monitor so doctors can give more drugs to patients who seem to be awakening. Yet the new study, which sought to gauge the effectiveness of the most common such device, found it might not reduce this risk at all.

The manufacturer of that brain-monitoring technology, called Bispectral Index (BIS), disputed the researchers’ interpretation.

And anesthesiology chiefs at three Philadelphia-area hospitals, none of them involved with the study, said the results would not keep them from using the device. They said it also helps them on the other end of the spectrum — making sure they don’t administer too “much anesthetic.

At Drexel University, meanwhile, engineers and physicians are trying to develop a better device, one which uses near-infrared light to measure changes in oxygen levels in the brain’s prefrontal cortex. The team is presenting its findings at a conference this month in San Francisco.

The BIS “is a good monitor,” said Jay Horrow, chairman of the anesthesiology department at Drexel’s College of Medicine. “We think we can do better.”

One thing is clear: though some physicians have been known in the past to dismiss reports of awareness as simply a bad dream, the consensus is that it exists.

Anesthesia awareness — regaining some level of consciousness during surgery — is thought to occur in perhaps one or two out of 1,000 surgical patients in the United States, a total of 20,000 to 40,000 cases a year. The bulk of them do not feel pain.

Still, for some it is so disturbing that they suffer from post-traumatic stress disorder, and must undergo counseling.

For general anesthesia, patients typically are given a mix of drugs — including one to “knock them out” and often another called a paralytic.

This relaxes the muscles in order to make surgery easier. But in the rare case that a patient starts to wake up — not able to speak — the paralytic effect can be horrifying.

One patient in the study reported that when a tube was inserted into his throat, he felt as if he “needed to fight for my life.”

Another patient, a 22-year-old woman, said she remembered wanting to gag but felt unable to move.

Yet another thought she heard her sternum cracking.

The most widely used answer to the problem, the BIS, is not perfect, said Michael Goldberg, chief of anesthesia at Cooper University Hospital in Camden, N.J.. But he said it is one of several tools at a vigilant physician’s disposal, all of which should be part of the mix.



Photo by Michael Perez, Philadelphia Inquirer / MCT Campus
Certified Registered Nurse Anesthetist Miriam Punzalan monitors Octavia Mahoney during surgery at Jefferson Hospital on March 12 in Philadelphia.

“What harm does it do? It’s a sticky on your head,” Goldberg said of the brain monitor, which detects electrical activity via electrodes mounted on the forehead. “Until they come out with something better, I will continue to use it.”

In the new study, conducted by researchers at Washington University in St. Louis, 2,000 patients were randomly assigned to one of two groups. All were hooked up to one of the brain monitors, but the physicians could see the machine’s measurements only in one group.

In that group, an alarm bell went off if the monitor’s readings dipped below 40 or went above 60, on a scale of 0 (no brain activity) to 100 (fully awake).

In the other group, an alarm went off if levels were too low or high on a different sort of monitor — one that measures

the concentration of anesthesia in the patients’ exhaled breath.

The patients were then interviewed three times: within a day after surgery, then one to three days later, and finally a month later. The interviewers did not know which group the patients were in.

The researchers reported two definite cases of awareness in both groups. The brain-monitor group had four additional cases described as “possible,” while the second group had one possible case. There was no statistically significant difference between the groups, said lead author Michael S. Avidan.

He said even larger studies are under way, by his team and others.

“I am quite sure that our study is not the final word on this subject,” Avidan said.

— MCT Campus

Someday I’ll earn a bachelor’s degree...when I have more time...
when I have more money.

Someday starts today.SM

It’s never been easier to earn your degree. Balance family, work and education with evening or online classes through Columbia College–Orlando.

Columbia College–Orlando offers:

Start-and-stop flexibility: Attend all five sessions a year, or just one—it’s up to you.

Affordability: Tuition costs are low, and financial aid is available to qualified students.

Convenience: Evening classes meet once or twice a week and can be taken simultaneously with online courses.

Quality: Columbia College is accredited by The Higher Learning Commission and is a member of the North Central Association.

Business Administration ♦ Computer Information Systems ♦
Criminal Justice Administration ♦ History ♦ Human Services* ♦
Management Information Systems ♦ Political Science ♦
Psychology ♦ Sociology*

*degrees only offered online



Founded in 1851

Columbia College–Orlando

2600 Technology Drive
Suite 100
Orlando, FL 32804
(407) 293-9911

www.ccis.edu/orlando

Guantanamo combatants phone home

By Carol Rosenberg
McClatchy Newspapers

GUANTANAMO BAY NAVY BASE, Cuba—ET, the extra terrestrial, tried to do it. Now the Pentagon has decided to let ECs, or enemy combatants, do it too—phone home.

Army Lt. Col. Ed Bush said Tuesday that the Department of Defense has approved a policy to let at least some of the 275 or so war-on-terror detainees here speak by telephone with family.

How? They're working on it.

"I have no projected timeline for

implementation but it is currently being developed," said Bush, a detention center spokesman.

Approval of the idea comes two months after the International Committee of the Red Cross launched a pilot program in Kabul, Afghanistan, that lets Afghan families speak by a teleconference video with select captives in the Bagram Air Base, a U.S.-run lockup.

No such single site could be set up to speak with detainees held as enemy combatants here. Their families are spread across far-flung nations from Canada and China to Sudan and Ye-

men.

On paper, the policy would permit at least certain detainees twice-a-year phone calls.

"Obviously, anything that mitigates the crushing isolation these men have experienced for more than six years is welcome news," said Illinois law school professor Marc Falkoff, who has for years handled unlawful detention suits for about a dozen Yemeni detainees.

But he was skeptical about the initial announcement. He suggested it might be a publicity stunt ahead of a coming U.S. Supreme Court decision

on detainee rights meant to portray the prison camps in a better light.

"One phone call twice a year hardly makes Gitmo the model of a humane prison," said Falkoff. "One of my clients has a 6-year-old daughter who he's never seen or spoken to. She was born while he was in Guantanamo. To be honest, I don't know whether speaking with her will lift him from his depression or simply shatter him."

Red Cross delegates have for years had access to detainees at this remote U.S. Navy base and acted as couriers for letters between the captives and

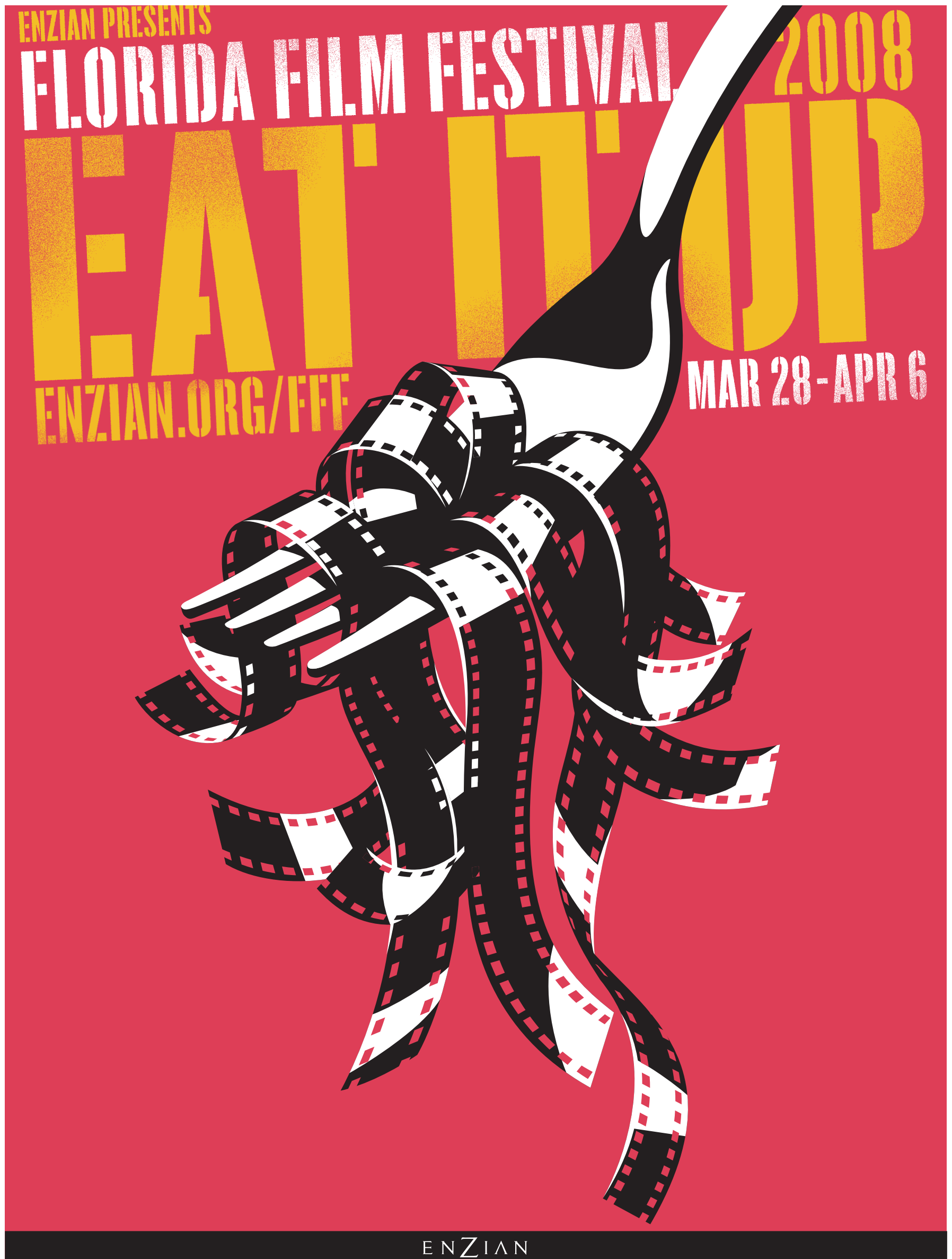
their families.

U.S. commanders here have already permitted a limited number of "humanitarian phone calls."

In one case, the U.S. military approved a Guantanamo-Algeria call for a detainee to speak with his mother after learning that his father, an Algiers attorney, had suddenly died of a heart attack.

There was no immediate word on whether alleged Sept. 11 architect Khalid Sheik Mohammed—on the shortlist for a death penalty prosecution—would qualify for a phone call.

—MCT Campus



ENZIAN

SPORTS

Stanford questions efficacy of HGH

By Lisa M. Krieger
San Jose Mercury News

SAN JOSE, Calif. – Human growth hormone may build muscles, but will it make you a faster, stronger and better athlete? Don't count on it, says a new Stanford University study.

An analysis of more than two dozen studies of human growth hormone concludes that drug-induced muscles may look impressive, but they don't perform better. In fact, treatment may even cause impairment.

"What we found suggested that it didn't help, and at some point, it might hurt," said lead investigator Hau Liu, formerly of Stanford and now at San Jose's Valley Medical Center. The study was published in Monday's issue of the Annals of Internal Medicine.

There are several large caveats: The studies analyzed by Stanford used doses that are probably far smaller than those taken by athletes. They weren't taken for as long. And they were not part of real-world doping regimens, which typically include steroids, insulin and other agents.

Additionally, the Stanford study did not address whether human growth hormone accelerates athletes' recovery from injury, an oft-cited reason for use.

It is illegal to distribute the drug for sports enhancement in the United States. But a wide range of athletes have been implicated in illicit use. The "Mitchell Report" released in December identified 89 Major League baseball players who allegedly used performance-enhancing drugs, and many of these players have subsequently admitted to using growth hormone. New York Yankees pitcher Andy Pettitte said it helped speed recovery from an injury.

Even musicians such as rap and hip-hop stars 50 Cent, Wyclef Jean and Timbaland have been accused of using steroids and human growth hormone, reflecting pressure on these performers to maintain superhuman physiques.

The marketing of human growth hormone via Web sites and clinics has grown into a multimillion-dollar industry.

Other medical experts welcomed the Stanford study, saying it may cause athletes to think twice about risking their careers- particularly given the drug's price tag. A year's supply for a medium-sized athlete costs about \$22,000 a year.

"I think there will be resonance among athletes or athletic teenagers- anybody who was thinking about using it- because there really is a lot of underground mythology about it," said endocrinologist Roberto Salvatori of the Johns Hopkins School of Medicine.

"This may give the ammunition to convince athletes or young kids that it is not really worth using, that it may not have the effectiveness that they think it will have," he said.

-MCT Campus

Kansas an NCAA threat



Photo by Shane Keyser, Kansas City Star / MCT Campus

The Kansas Jayhawks realize this year represents a golden opportunity for them. "This is the year," said Jayhawk Brandon Rush

By Jason Whitlock
McClatchy Newspapers

KANSAS CITY, Mo. – You have to look awfully hard to find a flaw. The Kansas Jayhawks are a lot like the Big 12 tournament at the Sprint Center, nearly impossible to dislike in March.

Sure, Bill Self's Jayhawks have done this before-capped the conference season by throttling Texas in the championship game- and bailed on the Big Dance before the music really started jamming. No one will forget Bucknell and Bradley. The loss to UCLA in the Elite Eight still stings.

This time it feels different, doesn't it? These Jayhawks, winners of the Big 12 championship 84-74 over Texas on Sunday, have experienced depth, a handful of NBA players and a collective chemistry that previous Self editions lacked. They also have a sense of urgency.

"This is the year," said Brandon Rush, the tournament's MVP. "This is the year we've got to do it. We've got five seniors leaving. Some people might be leaving early. We've got to make it happen. We're not ever going to have a team like this again."

You can call that pressure. Or you can call it an acceptance of KU's reality.

Whatever it is, it's Bill Self's job to turn it into motivation that drives the Jayhawks on a postseason, four-game winning streak at the very least and a six-game-winner if Self really wants to shut up his critics.

Here's a familiar refrain from me at this time of the year: It's a damn shame no one is going to remember or care about the remarkable regular season the Hawks just finished. They're 31-3, four-time Big 12 champions, seeded No. 1 in the Midwest Regional and just knocked off a top-10 squad in a beautifully played masterpiece.

All the good feelings will go away on Thursday when the Jayhawks take on Portland State and most likely the winner of UNLV-Kent State on Saturday. What's lurking after that is rather frightening. Fifth-seeded Clemson is dangerous, more so than No. 4 Vanderbilt.

The Jayhawks are no Final Four locks, but you have to like their chances- if they can play somewhere near the level they displayed on Sunday.

Man, the boys were good in the title game. The Longhorns and Jayhawks bring out the best in each other. Texas couldn't sustain its brilliant play as long as Kansas, partially because of the boisterous KU

contingent inside the Sprint Center.

For a half, the game played out like a re-enactment of the 1988 NCAA title game at Kemper Arena. There was no Danny Manning on the court, but Mario Chalmers, Brandon Rush, D.J. Augustin, Justin Mason and Damion James were pretty damn good.

Both teams shot 58 percent in the opening half. With Augustin handling the rock, Texas turned the ball over just twice in a game that raced up and down the court. Meanwhile, the Jayhawks shared the ball, cut and screened so effectively that they recorded assists on 16 of their 17 first-half baskets.

Chalmers drained six of seven shots, including five three-pointers, and handed out five assists before the break. He finished the game with 30 points. Augustin matched Chalmers' brilliance in the first half, scoring 18 and hitting all four three-pointers he tossed up. At times, it felt as if Chalmers and Augustin were playing one on one. They chirped at each other throughout the half.

In the second half, Augustin cooled off, making just one basket. Chalmers, Rush (19) and Darrell Arthur (16) kept the pressure on the Longhorns. If not for some second-half streak shooting by A.J. Abrams, KU would have run Texas out of the gym.

"It's hard to guard them," Mason said. "They execute their offense well, and all those guys can score. They're great guards, some of the best guards in the country."

Well, you know the theory about having great guards at this time of the year. Kansas has four high-quality guards with lots of experience. The Hawks have three experienced high-quality big men and a freshman who gets better every weekend.

It's hard to imagine the Jayhawks screwing this up. It's unfair to judge a coach or a program by one or even two tournament disappointments. I'm always of the opinion that regular-season success means more than postseason success.

But this time, I'll be disappointed if Kansas doesn't win four. Self has too many pieces to work with. He won't see a team with equal talent until the Final Four, until North Carolina or Memphis or UCLA or Duke is on the schedule.

Georgetown is the No. 2 seed in the Midwest. The Hoyas are a bit erratic this season. They're the worst No. 2 on the bracket.

Yeah, the Jayhawks should be feeling some pressure right now. They can handle it.

-MCT Campus

THE RUNDOWN

What's Coming Up in

Week of March 19
through March 26
NBA Basketball



Tuesday, March 25
San Antonio Spurs @
Orlando Magic
Amway Arena
7 p.m.
TV- Fox Sports Florida
Radio- 580 AM
Storyline- The Magic face the Spurs for this Tuesday night special, a game ripe with intensity as the Spurs continue to try to keep alive in the tough Western Conference playoff picture and the Magic continue their drive for the number two seed in the Eastern Conference.



Last Weeks Game:
Sharks 2, Detroit 18

The Sharks could not avenge last weeks home loss to the Ignition on the road in Detroit, and fell to the Ignition once again, 18-2.

Coach Jake Dancy, activated last week, donned a uniform for the first time this season, however his efforts were unable to save the Sharks against one of the premier MISL teams. The Sharks went down 10-2 at the half, and were unable to produce anything else offensively for the game. The Sharks face Milwaukee at home on Easter Sunday, continuing their stretch against the MISL's top two teams.

Page design by Steven Ryzewski

Yahoo threatened by offspring Google

By Elise Ackerman and Pete Carey
San Jose Mercury News

SAN JOSE, Calif. – Almost eight years ago, Yahoo decided to lend a little start-up a helping hand, featuring its search technology on the Yahoo home page and giving it money at a critical juncture.

In cut-throat Silicon Valley, no good deed goes unpunished.

The start-up was Google, and Yahoo's generosity helped launch the most formidable competitor it had ever encountered. Now facing a takeover attempt by Microsoft, Yahoo is coming to terms with the punishing consequences of its complex relationship with Google, including a futile attempt to copy Google's extraordinarily profitable advertising model at significant cost to Yahoo's own business.

Long before the world learned that Google had turned the Internet into an amazing money-minting machine, Yahoo knew.

When Google was still a private company, it sent its financial statements to Yahoo's headquarters in Sunnyvale, Calif., like clockwork. Google had to because Yahoo was one of its earliest investors.

The statements showed the incredible growth of Google's search advertising business, with sales more than doubling from quarter to quarter.

But Yahoo executives didn't focus on the money; they were interested in how much traffic was being driven by search, recalled Ellen Siminoff, an executive who joined Yahoo in 1996.

In 2000, Yahoo agreed to use and promote Google, which it touted as "the best search engine on the Internet." Google co-founder Larry Page described the pact as a "major milestone."

The following year, Yahoo was even more

generous, paying Google \$7.2 million for its services. (Google in turn paid Yahoo \$1.1 million for promotional help.) Google desperately needed the money, which helped push it into the black for the entire year.

Yet Yahoo was hardly flush with cash. After two years of profit, Yahoo reported an annual loss of \$93 million in 2001. The value of its stock had collapsed from \$118.75 a share in January 2000 to \$4.05 in September 2001.

Meanwhile, Yahoo's promotional push was having an effect on Google. "When we were turning the business around in 2001, Google was already becoming the ascendant player in Europe, especially in the U.K., which is one of the most important advertising markets," recalled L. Jasmine Kim, a former vice president for global marketing and sales development for Yahoo.

Members of the international team tried to telegraph their concern to Sunnyvale, Kim recalled. "In hindsight, it is easy to say we should have seen it as we did discuss our concerns, but technology moves at the speed of light. The game changed."

Yahoo management did not respond to questions about the company's relationship with Google.

The tech industry's giants — like Microsoft, Intel and Oracle — are famous for ruthlessly dealing with competitors. Not Yahoo.

In 2002, Yahoo paid Google \$13.2 million, equivalent to more than a quarter of Yahoo's annual profit of \$43 million. The sum, however, meant less to Google, which had blown past its benefactor with an annual profit of about \$100 million.

But the price of coddling Google would be much higher, as Yahoo soon discovered.

In May 2001, Yahoo replaced Chief Executive Tim Koogle, a folksy, guitar-playing engineer, with Terry Semel, a veteran Hol-



Photo by Brian McGuiness, San Jose Mercury News / MCT
The Yahoo! Sunnyvale headquarters is shown in this October 28, 2001 file photograph. Almost eight years ago, Yahoo helped launch Google, now its most formidable competitor.

lywood dealmaker who had rarely used e-mail.

Semel may not have been a technology guru, but he knew search would be key to Yahoo's success.

He also realized Yahoo had a big problem: It had neither its own search technology nor the software for handling search advertising.

Semel's first move: He struck a deal with Pasadena, Calif.-based Overture Systems to provide ads for Yahoo's search results. Then he tried to buy Google.

After those talks fizzled in 2002, Semel acquired Inktomi, a search engine, for \$235 million in December 2002. Seven months later, he bought Overture for \$1.6 billion.

The deals gave Yahoo a huge boost. In 2004, revenue doubled and profit more than tripled. Yahoo's stock vaulted from \$16.10 a share on the day the Overture deal was announced July 14, 2003, to \$37.68 at the end of 2004.

In early 2005, when both companies reported their 2004 earnings, it seemed like Yahoo and Google might even be neck and neck. While Google had revved its profit engine harder — for an increase of 276 percent compared with Yahoo's 252 percent — Yahoo boasted a larger increase in sales — 119 percent to Google's 113 percent.

"What's even more important than exceeding any one of our financial targets, however, is the way in which we've achieved them, and they do flow from a robust foundation," Chief Financial Officer Sue Decker told analysts in January 2005.

Semel and Decker told Wall Street that Yahoo was in a better position than Google because it sold both search advertising, ads triggered by search queries, and display advertising, image-based ads that appear as banners or other graphical elements on a Web page.

The executives explained that Yahoo could cross-sell the two kinds of advertising and be a one-stop shop for the world's biggest brands.

"It became clear over the course of a year that there wasn't anything to that," said Mark Mahaney, an analyst with Citigroup.

It turned out Yahoo's happy ending was more Hollywood than reality.

While Yahoo's business had certainly improved, it was nowhere near catching Google.

Yahoo's revenue in 2004 had doubled largely as a result of the acquisition of Overture. And its profit that year was swollen by the sale of \$400 million of Google stock.

Yahoo sold its remaining stake in Google, roughly 4.2 million shares, the following year for nearly \$1 billion, again boosting its profit.

Executives continued to tout Yahoo's financial performance. "I am very proud of the remarkable growth and progress Yahoo has demonstrated throughout this past year," Semel said on Jan. 17, 2006.

But shares fell 13 percent the next day as investors responded to the news that core profit was a penny less than analysts had expected.

And the rate of sales growth fell by more than 60 percent, exposing the isolated bump Yahoo's sales had received from buying Overture.

During the next two years, Yahoo's stock plunged an additional 45 percent. On Jan. 31, the day before Microsoft made its bid, Yahoo traded at about \$19 a share, the same level it traded at in fall 2003.

In 2007, Yahoo introduced new software that boosted the amount of money it earned from search advertising. Investors had waited years for the project known as "Panama" to be completed. The technology was seen as key to Yahoo regaining competitiveness.

But Panama didn't come close to closing the gap with Google. Yahoo's sales that year were almost \$7 billion, compared with \$16.6 billion for Google.

Worse, Yahoo said it expected to grow only about 10 percent the following year. (Google doesn't forecast future growth; however, its revenue increased 57 percent in 2007.)

"We are disappointed with guidance and don't expect investors to have confidence in management's investment decisions," Rob Sanderson of American Technology Research wrote in a note Jan. 30.

Unable to compete with Google in search advertising, Yahoo also appeared to be losing its edge as the leader in display advertising.

In September 2006, Decker and Semel warned they were seeing weakness in display advertising related to financial services and cars. "We think it is kind of early to tell whether this is a sign of anything broader," Decker cautioned.

In fact, it was the beginning of a long slide. Analyst Doug Anmuth of Lehman Brothers estimates that the growth of Yahoo's display business dropped by half, from 33 percent in 2006 to 16.5 percent in 2007.

The main cause of the decline was increased competition, especially from social-networking sites like MySpace and Facebook.

However, plenty of former Yahoos also blamed top management in Sunnyvale. "They were concentrated on two things: technology and technology," said Jerry Shereshevsky, a senior Yahoo marketing executive who left the company in summer 2007 and is now CEO of Grandparents.com.

"Yahoo as a company never really understood they were first and foremost in the media business supported almost wholly by advertising."


Former employees from other divisions also faulted management as indecisive, said more than a dozen who asked not to be quoted by name because it might hurt future business opportunities.

Other complaints: Upper management was plagued by cronyism. Even when new ideas got a green light, the projects were starved of resources. There were too many people with inflated titles, too many business units and too little cooperation among them.

— Distributed by MCT Campus

Greetings, Graduate

from Orlando Regional Healthcare



Graduate Nurse Reception

Monday March 31, 2008 – 4pm – 7pm
ORMC Multipurpose Room
1414 Kuhl Ave., Orlando, FL

Just make a date to visit Orlando Regional Healthcare's Graduate Nurse Reception. You'll learn all about our unwavering commitment to provide caring, quality healthcare to the people of Central Florida. Plus, you'll get the details of our network's individual facilities and which one has the right career path for you.

*On-the-spot interviews and tours!
Please come prepared with your resumes and your calendar!*


Free Valet Parking will be available at M. D. Anderson Cancer Center Orlando and Orlando Regional Medical Center entrances.

Orlando Regional Healthcare is a recognized healthcare facility that qualifies for the Nursing Student Loan Forgiveness Program. For more information, visit: <http://doh.state.fl.us/PHNursing/NLF/NSLEP.html>.

We also offer a comprehensive benefits package that includes medical/dental plans, life insurance, shift differentials, a retirement plan, tuition reimbursement, sick child care, and more.
EOE / Tobacco-Free Workplace

Can't make it to our GN Reception? Apply online at:
www.orlandoregional.jobs

Or you may RSVP for an Afternoon GN Informational Tea being held on 4/14 from 4pm-7pm. Email your RSVP to maggie.bonko@orhs.org or call 321-841-6698.



ORLANDO REGIONAL
HEALTHCARE



EASTER AT EOLA

EASTER MORNING WORSHIP
8:00AM, SUNDAY, MARCH 23

THE AMPHITHEATER AT LAKE EOLA PARK
101 N. ROSALIND AVENUE, ORLANDO

FREE EGG HUNT FOR KIDS
AFTER THE SERVICE



A dynamic Easter service, a fun family egg hunt,
and a special emphasis on serving the working
poor of Central Florida.

For complete information:

WWW.EASTERATEOLA.COM



Comics and Games

Brothers Watt by William Wilson



Welcome to Falling Rock National Park by Kid Shay



Dream Nation by Louis Coppola



Retro Geek by Dickenson & Clarke



Brothers Watt by William Wilson



Sudoku

2	9			5				6
	6		9				5	
		4					7	
6					4		9	
			3	8	6			
	5		1					8
	2					5		
	3			1			2	
8				3			1	9

Crossword

- ACROSS
- 1 Newton's fruit
 - 6 Was in front
 - 9 Birth sacks
 - 14 Spock's forte
 - 15 ___ League
 - 16 Man of fables
 - 17 Collar attachment
 - 18 Spelling contest
 - 19 Mazda model
 - 20 Puzzling problem
 - 22 August sign
 - 23 In the past
 - 26 Before
 - 31 Cost-cutting measures
 - 34 Wheel center
 - 35 Strike back
 - 36 Cabby's customer
 - 37 Gobble up
 - 38 Flashy or jaunty
 - 40 Ballplayer
 - 41 Malcolm McDowell movie
 - 44 Curb-side quaff
 - 45 More reckless
 - 47 Needlessly novel
 - 49 Snaky letter
 - 50 Fuss
 - 51 Chicago-based film critic
 - 54 Cyrus or Vivian
 - 57 Nest-egg \$
 - 58 Prodded
 - 62 Earth tone
 - 63 CIA foe, once
 - 64 Rummy
 - 65 Pipeline joints
 - 66 Hurricane heart
 - 67 Best and Buchanan
- DOWN
- 1 That's ___ folks!
 - 2 "The Gold Bug" penner
 - 3 Org. of Woods
 - 4 Enunciation problem
 - 5 Sonic rebound
 - 6 Country settled by freed slaves
 - 7 Actor Chad
 - 8 Recolor
 - 9 Walk-on parts
 - 10 Vowels
 - 11 OAS member
 - 12 Plat section
 - 13 Hot tub
 - 21 Divide and share
 - 22 Prevaricate
 - 23 "The ___ Queen"
 - 24 Lobbed explosive
 - 25 Matured faster
 - 27 Contend
 - 28 Card cheat
 - 29 Long-lived reptiles
 - 30 Rules followers
 - 32 Scottish Highlander
 - 33 Capp and Capone
 - 36 Part of FDA
 - 38 Digging tool
 - 39 ___ diem (daily)
 - 41 Gear feature
 - 42 Physical hypersensitivity

1	2	3	4	5		6	7	8		9	10	11	12	13
14							15			16				
17							18			19				
				20		21			22					
23	24	25			26			27			28	29	30	
31			32	33							34			
35										36				
37								38	39					
40						41	42	43						
44				45	46									
47			48								49			
						50			51		52	53		
54	55	56				57				58	59	60	61	
62						63				64				
65						66				67				

© 2008 Tribune Media Services, Inc. All rights reserved. 3/22/08

Solutions

S	V	N	O	S		E	A	E		S	O	T	E	M
E	S	N	O	S		B	G	K		B	E	H	O	O
D	E	G	H	N		V	I			E	O	N	V	A
						I	B	E	B	E	O	D	V	
S	S	E				D	E	T	G	N	V	F	M	E
H	E	I	D	V	H	T	O	O	F		E	D	V	
E	T	F	O	E	d	L	V	C			T	H	V	C
A	L	H	O	P	S					L	S	E	G	N
E	H	V	F				E	L	V	I	T	V	L	E
B	N	H	S	E	I	L	T	V	G	N	H	E		
O	L	S	N	O	I	A	E	H	P			O	G	V
						O	E	T		H	E	S	O	P
V	L	V	I	W					E	E	B	H	S	V
P	O	S	E	V		A	A	I			C	I	E	O
S	T	N	V	C		D	E	L		E	L	P	P	V

- 43 George Herman Ruth
- 45 Weak finishers
- 46 Lennon's love
- 48 Confronted
- 52 Subterfuge
- 53 Walked heavily
- 54 Solemn word
- 55 Top pilot
- 56 Org. of Flames
- 57 Tina Turner's ex
- 59 Firearm
- 60 NASA partner
- 61 ___ Moines

Announcements

Special screening of "Promises"
Come watch the movie, listen to our speakers, ask questions and enjoy FREE Middle Eastern Food. Watch a special screening of the movie "Promises." The movie documents an Israeli-American filmmaker's journey following 7 Israeli and Palestinian children.

March 20, 6 to 9 p.m.
Valencia East Campus Gym (building 6)
Hosted by the Muslim Student Association
FREE for Valencia students, \$5 for others. Includes the food.

Questions? E-mail valenciamsa@gmail.com

Valencia Student Awarded \$5,000 to Study in Japan
Valencia Community College student Erika Trnka received a \$5,000 Benjamin A. Gilman Scholarship to study the Japanese language in Japan. For ten intensive weeks beginning in April, Ms. Trnka will develop her proficiency in the Japanese language while living in Tokyo.

A Journey Through African American Decor
Please come by West Campus Library 1st floor and enjoy the folk art exhibit of local artist Michael Chatman, Valencia Community College graduate in Graphic Design. His exhibit is entitled "A Journey Through African American Decor - Black History Month Exhibit" and will be on display through March 21. For more information about Michael and samples of his work visit his website <http://mikesfolkart.com/>

Valencia Character Company Presents "The Gates of Choice"
The Valencia Character Company will present the world premiere of South Florida playwright Michelle Rosenfarb's play, The Gates of Choice, from March 18-22 in the Black Box Theater on Valencia Community College's East Campus. Curtain time is 7:30 p.m. (Please note that there is no Sunday matinee for this production.)

For reservations and further information, please call the Box Office at 407-582-2900. Tickets may also be purchased at www.redchairproject.com.

Valencia Celebrates Its 40th Anniversary with a Music Gala

Valencia Community College, founded in 1967, will mark its 40th anniversary with a special concert on April 8 at 7:30 p.m. in the East Campus Performing

Arts Center.

This event is free and open to the public. For information on this and other Valencia music programs, please call 407-582-2329, or visit www.valenciacc.edu/east/finearts/music.

Hip-Hop Culture Lecture
Hip-hop culture is one of the most influential and pervasive influences in the world today. Join us as Parris Baker, a Valencia student, discusses Hip-hop in terms of what it was, what it is, and what it can be. This will be an interactive lecture that will stimulate a provocative discussion on Hip-hop culture. Thursday, March 20 West Campus

CLASSIFIEDS

Purchase items from categories like healthy, personal & beauty, electronics, home, food & beverage, apparel, baby, jewelry & fragrances, holiday (toys, more electronics, apparel, and gift wrap.) Also clearance deals and b2b items (paper, cleaning agriculture and coffee & syrup products. All located under the shop categories, and brands links at www.quixtar.com. I also sell SMC products such as kitchen & household, inspirational, family, candles & scents, fountains, home & garden décor, bath & body, travel, just for her, just for him, bulk buys (large quantity), crystals, travel, and design & style items. If you're interested in any quixtar or SMC products, email me at bummers8@yahoo.com, or bummers7@hotmail.com. You can also call 321-662-0050.

Newly constructed lake front home. The room is renting for \$550.00 a month and cable is included. Electric and water is split amongst room mates. Great location close to I-4, 408,417, 528, the Turnpike, amusement parks and shopping malls (Osceola, Florida & The Loop). You also have access to the Clubhouse with fully equipped gym, business center, Resort style swimming pool, basketball & tennis court. No pets, smoking or drinking. Please call Gladys for more information (407) 914-4569.